

APPROVED

President
Global Taekwon-Do Federation (GTF)



F. Beloso

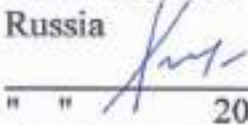
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2023



AGREED

President
of the Taekwondo Federation (GTF) of
Russia



D. D. Khalilov

" " _____

2023



REGULATIONS
International competitions
Taekwon-do GTF

28.09-3.10.2022

Kazan

I. GENERAL TERMS

1.1. The goals and objectives of the sports competition are:

- Popularization and development of Taekwon-do (GTF) in the world;
- Improving the skills of athletes;
- Strengthening international relations.

1.2. The unlawful influence on the results of sports competitions included in this regulation on a sporting event is prohibited. The participating in gambling in bookmakers' offices and sweepstakes by making bets on official sports competitions is prohibited in accordance with the requirements established by item 3 of Part 4 of Article 26.2 of Federal Law No. 329 of 04.12.2007 "On Physical Culture and Sports in the Russian Federation".

1.3. This Regulation is the basis for sending athletes, coaches, sports referees and other specialists in physical culture and sports to a sports competition.

II. RIGHTS AND OBLIGATIONS OF ORGANIZERS OF SPORTS COMPETITIONS

1. Managing the preparation and conduct of competitions

1.1. General management of the preparation and conduct of competitions is carried out by:

- 1.1.1. Global Taekwon-Do Federation (GTF) (hereinafter-GTF);
- 1.1.2. Taekwondo Federation (GTF) of Russia;
- 1.1.3. Organizing Committee approved by the President of the GTF.

1.2. Direct conduct of the competition is assigned to the main referees' panel (hereinafter – GSK), approved by the President of the GTF.

1.3. GSK is responsible for compliance with all points of this regulation. Appoints referees and monitors the quality of their work. Accepts and takes into account in its work critical comments from the heads of sports organizations participating in these competitions.

1.4. Each delegation must provide at least 2 referees to serve on the competition referees' panel, who have passed referees' seminars and have experience in refereeing international competitions.

2. Requirements for participants and their admission conditions

2.1. Athletes of national organizations developing GTF Taekwon-Do in the world-members of the GTF are allowed to participate in competitions

2.2. The athletes of the following age groups are allowed to participate in the competition:

- men and women 18 years and older;
- men and women 18 years and older - special needs – "SN";
- juniors male and female (15-17 years old) by date of birth;
- juniors male and female (14-17 years old) by date of birth - special needs – "SN";
- boys and girls (12-14 years old) by date of birth;
- boys and girls (10-13 years old) by date of birth - special needs – "SN";

- boys and girls (10-11 years old) by date of birth;

2.3. The technical qualification of athletes must be:

- men and women - not lower than 1 degree (black belt) and not higher than 6 degree (black belt);

- men and women ("SN") not lower than 2 gyp (red belt) and not higher than 6 degree (black belt);

- juniors male and female (15-17 years old) not lower than 2 gyp (red belt) and not higher than 3 degree (black belt);

- juniors male and female (14-17 years old "SN") not lower than 4 gyp (blue belt) and not higher than 2 degree (black belt);

- boys and girls (12-14 years old) not lower than 2 gyp (red belt) and not higher than 2 degree (black belt);

- boys and girls (10-13 years old "SN") not lower than 6 gyp (red belt) and not higher than 2 degree (black belt);

- boys and girls (10-11 years old) not lower than 4 gyp (blue belt) and not higher than 1 degree (black belt).

2.4. To get Admission to the Tournament an athlete should have:

2.1.1. Official application for participation, certified by the head of the national federation – a single one from the country;

2.1.2. Health insurance (covering accidents or injuries related to the training process and Taekwon-do tournaments);

2.1.3. GTF certificate (for black belts), national organization certificate (for colored belts) confirming the athlete's technical qualification;

2.1.4. Athlete's identity document (national passport or birth certificate);

2.5. An athlete must have a set of standard equipment (a complete set is required!!!) to participate in the competition:

2.1.5. Dobok, officially approved by the GTF;

2.1.6. head protection (helmet) Taekwon-do GTF;

2.1.7. protective pads on the hands (gloves) for GTF Taekwon-do;

2.1.8. protective pads on the legs (feet) for GTF Taekwon-do;

2.1.9. shin guard (shin guards) Taekwon-do GTF (optional);

2.1.10. protection of the groin area (bandage);

2.1.11. dental protection (mouth guard);

2.1.12. breast protection (protector) for women (optional).

2.6. No more than two participants in each category are allowed to participate in individual types of disciplines from each national organization.

2.7. Only one team from each national organization is allowed in the disciplines "team pattern", "team sparring", "team power breaking", "team special technique". In the "couples pattern" discipline - two couples from the country, in the "tag-team sparring" discipline-two teams from the country.

2.7. The host country has the right to put up two teams (no more than 4 people) in each category (in individual disciplines, no more than 2 teams in team competitions).

2.8. The team line-up in the disciplines "team pattern", "team sparring", "tag-team sparring" can be formed separately.

3. APPEARANCE

- 3.1. Referee's appearance must comply with the GTF Taekwon-Do rules : dark blue jacket (standard), dark blue trousers, white long-sleeve shirt (without additional patterns, letters, decorations etc.), dark blue tie (standard pattern), white sports shoes.
- 3.2. Coaches who seconds a competing athlete must wear tracksuits and athletic shoes.
- 3.3. Participants of the competition must have a GTF dobok, in accordance with the established rules.

III. GENERAL INFORMATION

1. Venue and dates of the event

Venue: Kazan, F. Amirkhan str., 1 G, "Ak Bars" Martial Arts Palace,
 Dates: October 11-16, 2023

2. Competition program

October 11 (Wednesday):

The day of arrival of participants of the competition, certification and technical seminar; secretarial seminar.

October 12 (Thursday):

The athletes 'admission committee, weigh-in, credentials committee, referees' briefing.

October 13 (Friday):

- men and women competitions (disciplines "pattern", "team pattern", "sparring (matsogi)", "team sparring", "point-stop sparring (stop-point)", "tag-team sparring", "couples pattern", "special technique", "team special technique");
- boys and girls 12-14 y.o. competitions (disciplines "pattern", "team pattern", "sparring (matsogi)", "team sparring", "point-stop sparring (stop-point)", "tag-team sparring", "couples pattern");
- juniors male and female 15-17 y.o. competitions (disciplines "special technique", "team special technique").

October 14 (Saturday):

- juniors male and female 15-17 y.o. competitions (disciplines "pattern", "team pattern", "sparring (matsogi)", "team sparring", "point-stop sparring (stop-point)", "tag-team sparring", "couples pattern");
- boys and girls 10-11 y.o. competitions (disciplines "pattern", "team pattern", "sparring (matsogi)", "team sparring", "point-stop sparring (stop-point)", "tag-team sparring", "couples pattern");
- men and women competitions (disciplines "Power breaking", "team power breaking");
- competition among persons with special needs – "SN".

October 15 (Sunday):

Colored belts Festival (all ages and all disciplines).

There is NO weigh-in on the day of the competition!!!**3. Participants of the competition****MEN AND WOMEN****MEN AND WOMEN 18+ years old****INDIVIDUAL COMPETITIONS****"Patterns" (formal complex):****MALE****FEMALE**

patterns-1 degree (15 exercises)
 patterns-2 degree (19 exercises)
 patterns -3 degree (23 exercises)
 patterns – 4-6 degree (30 exercises)

patterns-1 degree (15 exercises)
 patterns-2 degree (19 exercises)
 patterns -3 degree (23 exercises)
 patterns – 4-6 degree (30 exercises)

"Sparring" (individual matsogi, weight category):**MALE****FEMALE**

weight category 58 kg
 weight category 64 kg
 weight category 70 kg
 weight category 76 kg
 weight category 82 kg
 weight category 82+ kg

weight category 52 kg
 weight category 58 kg
 weight category 64 kg
 weight category 70 kg
 weight category 76 kg
 weight category 76+ kg

"Point-stop sparring" (stop-point - weight category):**MALE****FEMALE**

weight category 58 kg
 weight category 64 kg
 weight category 70 kg
 weight category 76 kg
 weight category 82 kg
 weight category 82+ kg

weight category 52 kg
 weight category 58 kg
 weight category 64 kg
 weight category 70 kg
 weight category 76 kg
 weight category 76+ kg

Power breaking:**MALE**

Power breaking - Ap-joomok Jirugi
 Power breaking - Sonkal Daerigi
 Power breaking - Yopcha Jirugi
 Power breaking - Dollyo Chagi
 Power breaking- Bandae dollyo chagi

FEMALE

Power breaking - Sonkal Daerigi
 Power breaking - Yopcha Jirugi
 Power breaking- Dollyo Chagi

Special technique:**MALE**

special technique- Twimyo Nomo Yopcha Jirugi
 special technique- Twimyo Nopi Apcha Busigi
 special technique - Twimyo Dollyo Chagi
 special technique - Twimyo Bandae Dollyo Chagi
 special technique - Twimyo Dollimio Yopcha Jirugi
 special technique - Twimyo Nopi Yopcha Jirugi

FEMALE

special technique - Twimyo Nomo Yopcha Jirugi
 special technique - Twimyo Nopi Apcha Busigi
 special technique – Twimyo Dollyo Chagi
 special technique – Twimyo Nopi Yopcha Jirugi

«SN – pattern»**MALE**

SN-Pattern Ah
 SN-Pattern B

FEMALE

SN-Pattern Ah
 SN-Pattern B

«SN – mixed abilities»**MALE**

SN - mixed abilities A
 SN - mixed abilities B

FEMALE

SN - mixed abilities A
 SN - mixed abilities B

TEAM COMPETITIONS**Team pattern:****One team per country is allowed****MALE**

1 division (5 people)

FEMALE

1 division (3 people)

Couples pattern:**Two couples per country are allowed**

1 MALE+1 FEMALE

Team sparring:**One team per country is allowed**

MALE

1 division (5 teams)

FEMALE

1 division (3 people)

Tag-team sparring:**Two teams per country are allowed**

MALE

1 division (3 people)

FEMALE

1 division (3 people)

Team power breaking:**One team per country is allowed**

MALE

1 division (5 people)

FEMALE

1 division (3 people)

Team special technique:**One team per country is allowed**

MALE

1 division (5 people)

FEMALE

1 division (3 people)

SN-Pattern-team competitions

MALE AND FEMALE Class A (3 persons)

MALE AND FEMALE Class B (3 persons)

Juniors male and female – 15-17 years old**INDIVIDUAL COMPETITIONS****Patterns (formal complex):**

MALE

Patterns -1 degree (15 exercises)

patterns - 2 degree (19 exercises)

Patterns -3 degree (23 exercises)

Patterns - 2-1 gyp (11 exercises)

FEMALE

Patterns -1 degree (15 exercises)

patterns - 2 degree (19 exercises)

Patterns -3 degree (23 exercises)

Patterns - 2-1 gyp (11 exercises)

"Sparring" (individual matsogi, weight category):**MALE**

1. weight category 46 kg
2. weight category 52 kg
3. weight category 58 kg
4. weight category 64 kg
5. weight category 70 kg
6. weight category 76 kg
7. weight category 76+ kg

FEMALE

1. weight category 40 kg
2. weight category 46 kg
3. weight category 52 kg
4. weight category 58 kg
5. weight category 64 kg
6. weight category 70 kg
7. weight category 70+ kg

"Point-stop sparring" (stop-point-weight category):**MALE**

1. weight category 46 kg
2. weight category 52 kg
3. weight category 58 kg
4. weight category 64 kg
5. weight category 70 kg
6. weight category 76 kg
7. weight category 76+ kg

FEMALE

1. weight category 40 kg
2. weight category 46 kg
3. weight category 52 kg
4. weight category 58 kg
5. weight category 64 kg
6. weight category 70 kg
7. weight category 70+ kg

Special technique:**MALE**

- special technique- Twimyo Nomo Yopcha Jirugi
- special technique- Twimyo Nopi Apcha Busigi
- special technique - Twimyo Dollyo Chagi
- special technique - Twimyo Bandae Dollyo Chagi
- special technique - Twimyo Dollimio Yopcha Jirugi
- special technique - Twimyo Nopi Yopcha Jirug

FEMALE

- special technique - Twimyo Nomo Yopcha Jirugi
- special technique - Twimyo Nopi Apcha Busigi
- special technique – Twimyo Dollyo Chagi
- special technique – Twimyo Nopi Yopcha Jirugi

TEAM COMPETITIONS**Team pattern:****One team per country is allowed****MALE**

1st division (5 people)

FEMALE

1st division (3 people)

Couples pattern:**Two couples per country are allowed**

1 MALE + 1 FEMALE

Team sparring:**One team per country is allowed**

MALE
1 division (5 people)

FEMALE
1 division (3 people)

Tag-team sparring:**Two teams per country are allowed**

MALE
1 division (3 people)

FEMALE
1 division (3 people)

Team special technique:**One team per country is allowed**

MALE
1 division (5 people)

FEMALE
1 division (3 people)

Juniors male and female – 14-17 years old**Special needs (SN)****INDIVIDUAL COMPETITIONS****"SN-Pattern"**

MALE
SN-Pattern A
SN-Pattern B

FEMALE
SN-Pattern A
SN-Pattern B

"SN- mixed abilities"

MALE
SN- mixed abilities A
SN- mixed abilities B

FEMALE
SN- mixed abilities A
SN- mixed abilities B

TEAM COMPETITIONS**SN - Pattern – team competition**

MALE and FEMALE Team competitions Class A (3 people)
MALE and FEMALE Team competitions Class B (3 people)

Youths boys and girls – 12-14 years old
INDIVIDUAL COMPETITIONS

"Patterns" (formal complex)

BOYS

patterns-1 degree (15 exercises)
 patterns - 2 degree (19 exercises)
 patterns- 2-1 gyp(11 exercises)

GIRLS

patterns-1 degree (15 exercises)
 patterns - 2 degree (19 exercises)
 patterns- 2-1 gyp (11 exercises)

"Sparring" (individual matsogi, weight category):

BOYS

1. weight category 35 kg
 2. weight category 40 kg
 3. weight category 45 kg
 4. weight category 50 kg
 5. weight category 55 kg
 6. weight category 60 kg
 7. weight category 65 kg
 8. weight category 65+ kg

GIRLS

1. weight category 35 kg
 2. weight category 40 kg
 3. weight category 45 kg
 4. weight category 50 kg
 5. weight category 55 kg
 6. weight category 60 kg
 7. weight category 65 kg
 8. weight category 65+ kg

"Point-stop sparring" (stop-point-weight category):

BOYS

1. weight category 35 kg
 2. weight category 40 kg
 3. weight category 45 kg
 4. weight category 50 kg
 5. weight category 55 kg
 6. weight category 60 kg
 7. weight category 65 kg
 8. weight category 65+ kg

GIRLS

1. weight category 35 kg
 2. weight category 40 kg
 3. weight category 45 kg
 4. weight category 50 kg
 5. weight category 55 kg
 6. weight category 60 kg
 7. weight category 65 kg
 8. weight category 65+ kg

TEAM COMPETITIONS

Team pattern:

One team per country is allowed

BOYS

1st division (5 people)

GIRLS

1st division (3 people)

Couples pattern:

Two couples per country are allowed

1 BOY + 1 GIRL

Team sparring:**One team per country is allowed****BOYS**

1st division (5 people)

GIRLS

1st division (3 people)

Tag-team sparring:**Two teams from each country are allowed****BOYS**

1st division (3 people)

GIRLS

1st division (3 people)

Children boys and girls – 10-11 years old**INDIVIDUAL COMPETITIONS****"Pattern" (formal complex):****BOYS**

Pattern 4-3 gyp

Pattern 2-1 gyp

Pattern 1 Dan

GIRLS

Pattern 4-3 gyp

Pattern 2-1 gyp

Pattern 1 Dan

"Sparring" (individual matsogi, weight category):**BOYS**

1. weight category 26 kg

2. weight category 30 kg

3. weight category 34 kg

4. weight category 38 kg

5. weight category 43 kg

6. weight category 48 kg

7. weight category 53 kg

8. weight category 53+ kg

GIRLS

1. weight category 26 kg

2. weight category 30 kg

3. weight category 34 kg

4. weight category 38 kg

5. weight category 43 kg

6. weight category 48 kg

7. weight category 53 kg

8. weight category 53+ kg

"Point-stop sparring" (stop-point-weight category):**BOYS**

1. weight category 26 kg

2. weight category 30 kg

3. weight category 34 kg

4. weight category 38 kg

5. weight category 43 kg

6. weight category 48 kg

7. weight category 53 kg

8. weight category 53+ kg

GIRLS

1. weight category 26 kg

2. weight category 30 kg

3. weight category 34 kg

4. weight category 38 kg

5. weight category 43 kg

6. weight category 48 kg

7. weight category 53 kg

8. weight category 53+ kg

TEAM COMPETITIONS**Team pattern:****One team per country is allowed**

BOYS
1 division (5 people)

GIRLS
1 division (3 people)

Pattern-couple:**Two couples per country are allowed**

1 BOY + 1 GIRL

Team sparring:**One team per country is allowed**

BOYS
1 division (5 people)

GIRLS
1 division (3 people)

Tag-team sparring:**Two teams per country are allowed**

BOYS
1 Division (3 people)

GIRLS
1 Division (3 people)

Boys and girls – 10-13 years old
Special needs (SN)

INDIVIDUAL COMPETITIONS**"SN-Pattern "**

BOYS
SN-Pattern A
SN-Pattern B

GIRLS
SN-Pattern A
SN-Pattern B

"SN- mixed abilities "

BOYS
SN- mixed abilities A
SN- mixed abilities B

GIRLS
SN- mixed abilities A
SN- mixed abilities B

TEAM COMPETITIONS
SN-Pattern-team competitions

BOYS AND GIRLS Class A (3 persons)

BOYS AND GIRLS Class B (3 persons)

4. SUMMING UP CONDITIONS

1. Winners and prize-winners of the individual and team competitions are determined in accordance with the current Rules of competitions of GTF Taekwon-Do .
2. Summing up the results of the National - team competition: the athlete who took 1st place-brings 3 points to the National team, 2nd place-2 points, 3rd place-1 point.

5. AWARDING OF WINNERS

1. Participants who take prize-winning (1, 2, 3) places in the individual competition are awarded with medals and diplomas of the corresponding degrees.
2. Participants who take 1st place in the power breaking and special technique programs are awarded by diploma and a medal for 1st place.
3. Athletes who took (1, 2, 3) places in the team competition among men and women are awarded with a diploma and a cup of the corresponding degree.
- 5.1. The sports national team that took 1st, 2nd, and 3rd place in the team competition is awarded with a diploma and a commemorative Cup of the corresponding degree.
- 5.2. Athletes who became absolute winners (who showed the best result in terms of the total number of performances in all programs) are awarded with cups.

IV. FINANCING CONDITIONS

All expenses (travel, meals, accommodation for participants of competitions, team representatives, coaches and referees) are at the expense of sending organizations. The competition organizer provides all working referees with free meals on competition days

V. APPLICATION CONDITIONS

- 5.1. Preliminary applications of the established sample (Appendix 1) for participation in the competition are submitted to the GTF headquarters by September 11, 2023 by e-mail : gtf.infotkd@gmail.com. You should also send a copy of the application to the following email address : rat_gtf@mail.ru .
- 5.2. Applications for participation in competitions are accepted through the portal gtf.isportevent.com until October 01, 2023.
- 5.3. The original application for participation is submitted to the commission for admission of athletes to competitions.

5.4. Teams or athletes who arrived without a preliminary application will not be allowed to participate in the competition!!!

VI. APPLICATION FEE PRICE

According to the decision of the GTF Presidium, the cost of the application fee for the GTF Taekwon-do World Cup international competitions is:

- 6.1. for one discipline, \$ 40 or 3000 rubles.
- 6.2. for each subsequent discipline, 10\$ or 1000 rubles.

VII. MEDICAL SUPPORT

To ensure the provision of timely medical and emergency medical care in the competition hall, a medical team (consisting of 1 doctor and 1 nurse) is provided for duty throughout all competition days during the entire competition day, as well as an ambulance team with special vehicles – one team on each competition day.

VIII. ENSURING EVENT SECURITY

In order to ensure the safety of the competition, security personnel are on duty at key checkpoints of the competition venue and at the places of residence of national teams located in hotels provided by the competition organizers. Also supervisors-managers and other employees who ensure public order and public safety during the event during all competition days throughout the entire day (until the end of each competition day).

IX. INSURANCE OF PARTICIPANTS

Participation in competitions is carried out only in the presence of supporting documents on life and health insurance covering accidents for each participant of the Competition, which are submitted to the commission for admission of participants during registration. Insurance of participants is carried out at the expense of sending organizations.

X. ACCOMMODATION

National teams will be accommodated in hotels recommended by the competition organizers.

XI. CONTACT INFORMATION

Chairman of the Organizing Committee-Khalilov Damir Dilyarovich
(phone 8-903-205-10-40)
Organizational issues – Leysan Ryakibovna Khalilova
(phone 8-903-205-10-80)

This regulation is an official challenge to the competition.